

# The Singapore Overbooked Men's Association (SOMA)

Support and camaraderie for the male trailing spouse or partner

By SOMA

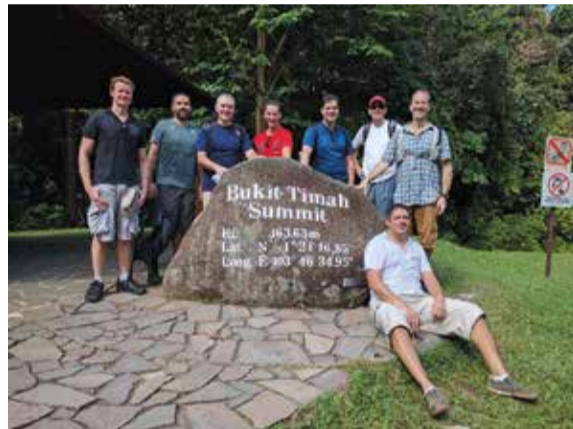
An increasing number of men are finding themselves in the trailing role, following a spouse or partner on an international assignment. That's as true in Singapore as it is elsewhere. As trailing female spouses and partners have known for a long time, having a group of people to provide support and camaraderie can make all the difference when settling into a new country. Also, that support, in turn, can make all the difference in whether an expat assignment is successful or not.

That's where the Singapore Overbooked Men's Association comes in. Started three years ago by male trailing spouses who had previously lived in Shanghai, SOMA is an informal organization that primarily arranges social events and outings that help create a soft landing in Singapore. From there, men get plugged into a network that can help with a variety of issues ranging from the more complex (What's the best way to go about a job search in Singapore? Should I get a helper, and how do I do that?) to the more mundane (Where's the best place to get a haircut? Who wants to play a round of golf?).

While several SOMA members are Americans, it's open to all nationalities and currently has members from at least ten countries. You might be wondering about that name; that is, the overlooked part. To find out about that, come to one of our events, such as our recent 10km hike down the Singapore Rail Corridor, an old railroad track that's on its way to becoming a parkway, finishing up with lunch (pictured). We also recommend starting with one of the lunches we host twice a month.

To find out more, visit [www.singaporeoverbookedmensassociation.com](http://www.singaporeoverbookedmensassociation.com). See you soon!

*Photos courtesy of Rodney Allen, Dom Monteiro and Bill Poorman*




**Wednesday, August 23, 10 AM to 12 NOON**  
**Fort Canning Lodge, 6 Fort Canning Road**  
**Free Of Charge**

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